



Trinity icon  
Joei Cole 2014

The St Oswald Centre for Spirituality  
5 St Ann's Place, Parkside

Welcome to  
**A Morning Retreat**  
on Thursday 5<sup>th</sup> February 2026  
9.30 am to 1.00 pm

**with Angela Hazebroek**



Drawing on her pilgrimage to the holy places of Ireland and Northumbria and the inspiration of these women in her life  
Angela will be presenting:

**Wisdom from Celtic Spirituality  
through the voices of  
Brigid of Kildare,  
Samthann of Clonbroney  
and  
Hilda of Whitby.**

Morning tea provided  
Donation \$20

RSVP preferably by Friday 30<sup>th</sup> January  
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## **What does Celtic Christianity offer to us in our lives today?**

Celtic Christianity is rooted in the beauty of Creation and reverence for all of God's Creatures. It overflows with hospitality and generosity. It draws on our dreams and visions. It urges us to set out on unknown paths to unknown destinations with the sure faith that God is both the way and the destination.

You are invited to journey with three women who were leaders in the Celtic Christian Church in the 5<sup>th</sup> to 7<sup>th</sup> Centuries.

### **Saint Brigid: Soul Friendship**

Brigid by her compassion and spiritual wisdom, embodies the Celtic tradition of "*Soul Friendship*". Her concern for those in need and the generosity of her listening heart remind us that God is very near when we are in the company of a true soul friend.

### **Saint Samthann: Praying in all the Ways.**

The holy woman Samthann offers us a life that teaches and models prayer in a variety of ways and in all places. Her deep awareness of God's presence in every moment, in every circumstance, in every place, calls us to a contemplative attitude toward life itself.

### **Hild of Whitby: Encouragement**

As Abbess of the double monastery at Whitby Hild nurtured bishops and bard. She was invited to host the Synod of Whitby which ruled in favour of the Roman form of Christianity. Although this was personally difficult for Hild she continued to offer hope and encouragement. We can call on her when we are in a difficult place not of our own making.